Dwarfism

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Outline

- Dwarfism
- Achondroplasia
- FGFR gene and protein
- Role of genomics
- Social stigmatization
- Conclusion



http://modernmedicalguide.com/achondroplasia/

Dwarfism

Misconceptions?





Curious about actual "little people"

Achondroplasia

- Achondroplasia literally means "without cartilage formation."
- More likely to be passed down paternally
 Likelihood increases if father is over 35
 Spermatogenesis vs oogenesis
 Disorder occurs in about 1 out of in 25,000.
 Individuals can form cartilage, but not bone.

Disease Characteristics

• Physical characteristics:

- Average male height is 52 inches; average female height is 49
- Average-size trunk, short upper arms (rhizomelic) and thighs
- Limited range of motion at the elbows
- Enlarged head (macrocephaly) with prominent forehead
- Short fingers with trident appearance
- Normal intelligence

• Possible health problems:

- Breathing slows or stops for short periods (apnea)
- Pronounced and permanent sway of the lower back (lordosis)
- Recurrent ear infections
- Spinal stenosis
- Bowed legs
- Obesity





Genetic Background

- Achondroplasia is an autosomal dominant disorder
 - Homozygous dominant genotype is fatal.
- Mutated gene: FGFR3
 - A fibroblast growth factor receptor (FGFR) gene
 - Regulates the formation of bone from cartilage (ossification).
- A single amino acid change
 - Glycine to arginine (or cytocine) switch in FGFR3 causes over 99% of achondroplasia cases.
 - In cases of achondroplasia, the FGFR₃ gene is too aggressive, negatively impacting bone growth.

The FGFR₃ Gene

Located at 4p16.2
Tip of the short arm
19 exons spanning 16.5 kb
Base pairs 1,795,038 to 1,810,598
Base pairs are highly conserved in evolution as well as in the FGFR gene family

http://ghr.nlm.nih.gov/gene/FGFR3

В

Human FGFR3 Chimp FGFR3 Dog FGFR3 Mouse FGFR3 Rat FGFR3 Chicken FGFR3 Zebrafish FGFR3 Human FGFR1 Human FGFR2 Human FGFR2

EVLSLHNVTFEDAGEYTCLAGNS EVLSLHNVTFEDAGEYTCLAGNS EVLSLHNVTFEDAGEYTCLAGNS EVLSLHNVTFEDAGEYTCLAGNS EVLSLHNVTFEDAGEYTCLAGNS EILYLRNVTFEDAGEYTCLAGNS EVLHLRNVSFEDAGEYTCLAGNS EVLYLRNVTFEDAGEYTCLAGNS EVLYLRNVSAEDAGEYTCLAGNS

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The FGFR₃ Protein

- Member of the fibroblast growth factor receptor family that regulates:
 - Cell division and type determination
 - Blood vessel formation
 - Wound healing
 - Embryo development

 Interacts with growth factors outside the cell and triggers an inner cascade, which results in certain changes, such as cell differentiation.

FGFR₃ Protein

• FGFRs have three regions:

- ligand binding domain
- a transmembrane region
- a cytoplasmic region containing a protein tyrosine kinase core
- Extracellular binding domain is composed of three immunoglobulin-like domains (D1, D2, D3)

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Structure and function of fibroblast growth factor receptors (FGFRs)

Expert Reviews in Molecular Medicine © 2003 Cambridge University Press

Summary of Achondroplasia

Genetic causes:

http://www.youtube.com/watch?v=Bn7eGRsYYGI

- Overactive regulation of ossification because base #1138 is switched from glycine to an arginine or cytosine
- FGFR3 inhibits bone formation despite the absence of usual growth factor ligands

Other Effects of Faulty FGFR Proteins

• FGFR3

Platyspondylic lethal skeletal dysplasia

 Camptodactyly, Tall Stature, Scoliosis, and Hearing Loss Syndrome

Cervical or bladder cancer

- FGFR1, FGFR2, FGF8
 - Cleft lip or palate

• FGFR10

- Lacrimoauriculodentodigital (LADD) Syndrome
- Deformation in tear and salivary ducts, teeth, ears

Social Stigmatization

- Media portrayal of dwarves
- Impede daily activities
- Painful walking, back problems
- Children with dwarfism feel isolated
- Heightism

- Reduced martial and employment opportunities
- Severe shortness = lower income
- When, if ever, should companies discriminate based on height?
- "Little person", "LP", "dwarf"
- Our Little Life: http://tlc.discovery.com/videos/our-little-life-video/

Role of Genomics

- Identify the mechanism for FGF and receptors
- Pituitary dwarfism (i.e. growth hormone deficiency) is treatable with injections
- No drug available for achondroplasia
 - Physical therapy
 - Braces
 - Distraction osteogenesis
 - Aesthetic enhancements

 Better understand Dwarfism, both from a genetic and social standpoint

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Citations

• JBC:

http://www.jbc.org/content/early/2011/02/15/jbc.M110.205

- NCBI: http://www.ncbi.nlm.nih.gov/omim/134934
- NCBI:

http://www.ncbi.nlm.nih.gov/pmc/articles/PMC2099236/

- NIH: http://ghr.nlm.nih.gov/gene/FGFR3
- TLC:

http://tlc.discovery.com/videos/our-little-life-video/

The End

Questions?

Big Enough?

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Krawitz and Ott Little People 1981 PBS Emmy Award

Krawitz Big Enough 2004

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BIG ENOUGH

By Jan Krawitz. Meet Mark and Anu, Karla and John, Len and Lenette, and Sharon and Ron: four couples leading typical American lives, pursuing typical middle-class careers, and living in the suburbs with their children. Yet they have grown up facing challenges that are anything but typical. All but one of them are dwarfs, though they prefer to call themselves "little people." Jan Krawitz and Thomas Ott's 1981 film, *Little People*, chronicled the birth of a new consciousness among dwarfs as they struggled toward equal opportunity and enhanced selfesteem. Broadcast nationally by PBS, the film was nominated for an Emmy and won numerous other festival awards. In 2000, Krawitz set out to revisit many of the people she had profiled in *Little People*, to find out how the past twenty years had treated their hopes, expectations and fears.

Color, Closed-Captioned, 53 Minutes, Documentary / Educational ISBN 1-57295-804-9, Catalog No. DVD-424 © 2004, Jan Krawitz